





ONLINE MEMBER

Keep track of your health insurance information the easy way.



Our online member center brings your health insurance information together in one place. Take advantage of this convenient service to:

Print your health plan ID card. View, email and print a temporary health plan ID card or request a replacement card. You can also update your address.

Find out who is on record as your primary care provider (PCP). If you did not select a PCP when you enrolled, we matched you with a doctor in your service area. You can change your primary care provider any time.

Track claim history and expenses. View the amount billed, the plan discount, how much your plan paid and what you may owe. You can also check the status of a claim or prior authorization.

Understand your pharmacy benefits. View your account, locate a network pharmacy, refill mail prescriptions, look up pharmacy copays and see filled medications.

Review your plan documents. Verify your coverage for medical, dental or vision services. If you opt-in and are a Southwest Medical patient, you may also review your electronic medical records.

Log on to a healthier lifestyle. Watch more than 15 health education webisodes and take your health risk assessment (HRA). Once you complete your HRA, you'll receive personalized recommendations to help you improve your health.

View or download a member guide. Learn more about your plan and find out how to best use the tools and resources available to you.

Set up online invoicing and payment. If you have an individual plan, choose your payment and invoice preferences to make it easy to pay your monthly premium.



Access your health plan information on the go! Visit myHPNonline.com or mySHLonline.com, select @YourService Member Center, and sign in using your smartphone or tablet. First time users will need to create an account.



